

Joyful Catholic Families  
**Lesson #6**  
**Jesus Calms the Storm, Lenten Chain**

**Read:** The Wind That Obeyed (Read-Aloud Bible Stories, Vol. 1)

**Discuss:**

What happened when it became really stormy?

- the boat started to rock a lot,
- the disciples were scared

What did the disciples do when they were scared?

- Asked Jesus to help them

What did Jesus do?

- He helped them

What do you do when you are scared?

- Run to mom and dad

What is something else you can do?

- Ask Jesus to help you
- Pray

**The story of Jesus Calming the Storm with actions:**

Tell the story of the Jesus Calming the Storm with the children adding actions.

Use the story text on pages 3 and 4 of this [PDF](#)

I substituted waving streamers in the air for the wind sound.

(Go to [this post](#) to see how to make the streamers out of plastic tablecloths and shower curtain rings. I did not glue the streamers in place -- just pull the knots tight. For this class I used black and blue tablecloths. I used the 54" strips of tablecloths.)

For the thunder, the children hit their hands on the floor.

## **Make craft of Jesus calming the storm:**

You can find the craft [here](#).

Color Jesus and the disciples in the boat.

Color the background of the craft like a stormy sky.

Parents cut out Jesus and the apostles in the boat while background is being colored.

Glue or tape the boat picture to a popsicle stick or large craft stick.

Put the craft stick between the two layers of border and make the boat move as if in a storm.

## **Read “Ash Wednesday: The First Day of Lent”**

Find the booklet [here](#).

## **Make Lenten chain:**

[\(click here for the website with a Lenten prayer chain to print\)](#)

What is the first day of Lent called? Ash Wednesday

- Today we are going to make a Lenten chain so you have something to help you prepare for Easter.
- What do we celebrate on Easter? (Jesus rising from the dead)

Show the Lenten chain.

- Each day of Lent you will take off one link from the chain and read it.

First, we are going to make the heart to staple to the top of your chain.

- Write name on heart.
- Add heart stickers to the heart

(Hand out Lenten chain pieces and glue sticks)

Make chains

Staple heart to chain.

Hand out bags to put finished chains in.

**Stickers:** Give each child a sticker as they leave.

**Supplies:**

Nametags & permanent markers  
Prayers for prayer rings  
Home lessons  
Snack  
Plates, napkins, water & glasses

Read-Aloud Bible Stories, Vol. 1

Streamers: (I cut black and blue plastic tablecloths into strips and then attached them to shower curtain rings. They are very durable and can be used again.

<http://teachingthelittlepeople.blogspot.com/2012/03/rainbow-streamers-in-preschool.html>

Sample Jesus calms the storm craft

Foam sheet with two bulletin borders glued to it for waves

(I put this together before class)

Craft sticks (tongue depressor size)

Picture of disciples and Jesus in boat

Hot glue gun with glue sticks to put waves (borders) on foam board

(do this step before class)

Crayons

scissors

Ash Wednesday booklet – one per child

Ash Wednesday booklet to read to class – large size

Sample Lenten chain with heart

“Jesus loves” heart for Lenten chain

stapler

Lenten chain

Glue sticks

Wal-Mart bags

Sticker for each child