

Joyful Catholic Families
Lesson #7
The Last Supper & Stations of the Cross

Last Supper:

- For this activity, you want everyone (children and parents) to sit in one large circle or square. If your group is small enough, you can sit around a table or some tables arranged in a square. For a large group, make a circle or square on the floor with tape and everyone can sit on the outside of the circle/square.
- Give everyone a napkin and a glass of grape juice
- Tell everyone to not drink the grape juice until told to drink it

- Tell the story of the Last Supper. I used the version found at http://www.dltk-bible.com/cv/last_supper_cv.htm. I omitted parts because it was too long for the kids' attention spans.
 - After the part where Jesus says, "Take this and eat it. This is My Body which is given for you", I broke a piece of bread (actually several pieces of bread!) into pieces and passed the pieces around to everyone. Everyone ate their piece of bread.
 - After the part where Jesus says, "Drink from it, all of you. This is my blood, which will be poured out for many people so their sins may be forgiven", everyone drinks their cup of grape juice.
 - After Peter says, "Then, Lord, don't just wash my feet but my hands and head too", parents wash their child(ren)'s feet. The child puts his/her feet over a bowl and the parent pours water from a cup over the child's feet.
 - You will probably hear comments about the water being cold (even if it is at room temperature). I explained how during Jesus' time, there was not hot water from a faucet. They had to heat water over a fire and this was a lot of work so they would often wash with room-temperature (cool) water.
 - After Jesus says, "And now that I have washed your feet, you should wash one another's feet", explain:
 - Usually the least important person – the servant – washed everyone's feet.
 - Jesus turned this around. The most important person ever – Jesus, God – washed the apostles' feet.
 - Jesus was teaching the apostles and us that we are to serve others. Usually this doesn't mean that we will wash someone's feet (but it could!). It does mean that we are to be nice to others and help other people.
 - The servants in the house cooked the food, washed the clothes. Who does that in your house? (mom & dad) So I think in order for us to be like Jesus, you kids need to wash your parents' feet.
 - (Children wash their parents' feet.)

Stations of the Cross:

([Click to go to a post](#) with more information about how I pray the Stations of the Cross with young children and a PDF for a Stations of the Cross booklet.)

What happened after the Last Supper?

Let's go to church to find out. We are going to pray the Stations of the Cross. The Stations of the Cross tell us what happened after the Last Supper.

Holy Week Cross:

([Go to this post](#) for more information and a PDF for the Holy Week Cross.)

Soon we are going to celebrate a very special week.

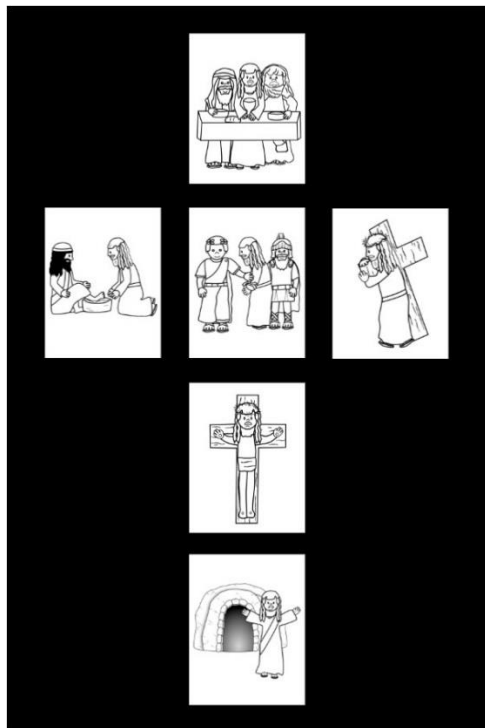
- It is called Holy Week.
- I have some pictures of what happened during Holy Week.

Give each child a sheet with the Holy Week pictures on it.

- Hold up a Holy Week picture and ask the children to point to the picture on their sheet of paper.
- Ask the children what is happening in the picture

To make the cross, children with parents:

- Color the pictures
- Cut out the pictures
- Put the pictures in the order they happened.
- Glue pictures to black construction paper (12" x 18")



Hand out to families:

- Home lessons

Stickers:

- Give each child a sticker as they leave.

Supplies:

Nametags & Permanent markers
Prayers for prayer rings
Home lessons
Snack
Plates, napkins, water & glasses
Stickers (for each child at the end of class)

Tables for the Last Supper activity or tape to mark a place for everyone to sit on the floor

Napkins

Unleavened bread:

- This is the recipe I used: <http://www.catholicicing.com/baked-unleavened-bread-with-kids/>. The kids really liked it!

Plate for unleavened bread

Pitcher of grape juice

Dixie cups (for grape juice)

Goblet for leader's grape juice

Bowls for washing feet

Cups of water for washing feet

Towels

Extra water so children can wash parents' feet

Stations of the cross booklets

Copies of the pictures to make the cross

Large copies of the Holy Week pictures (8.5" x 11")

Large sheets of black construction paper (12" x 18")

Scissors

Glue sticks

Crayons