

Joyful Catholic Families

Lesson #2 – Shine with the Light of Jesus and More about the Mass

Review items from lesson #1:

Put these items or a large picture of the item in a gift bag. Take out the items one at a time. Ask the children the name of the item.

- **Chalice:**
 - What is in a chalice at Mass? (wine)
 - What does the wine become during Mass? (Jesus' Blood)
- **Purificator:** the cloth used to wipe the chalice
- **Paten:**
 - What is on the paten at Mass? (bread)
 - What does the bread become during Mass? (Jesus' Body)
- **Priest:** What is our priest's name?
- **Sanctuary lamp:** Where do we find the sanctuary lamp in a church? (by the tabernacle)
- **Tabernacle:** What is in a tabernacle? (Jesus' Body)
- **What does our priest do when he sits in his chair?**
 - Did he have his eyes shut?

New items:

(Look at the bottom of [this post](#) for the pdf of the large pictures used in this lesson.)

Let the children hold and/or touch as many of these items as possible:

- **Cruet:**
 - What are in the cruets at Mass?
 - Cruets hold the water and wine used at Mass
- **Pouring wine and water into the chalice:**
 - The priest/deacon pours wine into the chalice.
 - The priest/deacon then puts a tiny amount of water into the wine.
 - Demonstrate the pouring of water into a chalice
- **Altar servers:** Altar servers help the priest during Mass
- **Roman Missal:** The book that contains the priest's prayers for Mass
 - Show the children how the altar servers hold the Roman Missal for the priest
 - Give each child a book. The child takes the book to his/her parents and practices holding a book like altar servers do
 - This month when you go to church, watch to see when the altar server holds the Roman Missal for the priest? (show pictures of altar server holding the Roman Missal for the priest during the opening and closing prayer)

Review Game: (PDF for review game is in [this post](#))

Each child will play this game with his/her parent(s). Handout to each family:

- One gameboard
- One pompom per person
- One dice

Roll the dice and move forward that many spaces.

- If you land on a square with a picture, say the name of the item in the picture.
- If you land on a square with directions, do what it says (i.e., go forward 3 spaces)

See who is the first one to the "finish" square

Shine with the Light of Jesus:

[\(click here for a post with more information and a PDF pattern\)](#)

What is this? A jack-o-lantern.

Why do we see a lot of them right now? It is almost Halloween

What do we put in a jack-o-lantern? Candle

Why do we put a candle in it? The candle makes the jack-o-lantern light up the area around it.

(Put a battery powered tea light in the plastic jack-o-lantern that doesn't have the eyes, nose, and mouth cut out.)

(Put a battery powered tea light in the plastic jack-o-lantern with the eyes, nose, and mouth cut out.)

Which jack-o-lantern lets out the most light?

See how it lets the light out through the holes.

Did you know that Jesus wants us to be like this jack-o-lantern (point to the one with the holes that let out the most light)?

Jesus wants us to light up the world around us with love and caring.

Do you have a candle in you so you can light up the world? No, that is silly.

So how can we be like a jack-o-lantern? Jesus wants us to light up the world around us by saying and doing good things. Then when people listen to us or watch what we do, they will learn something about Jesus.

(Give each child a battery powered tea light.)

I'm going to say some things that you or other people might do.

I want you to put the candle in front of you if what I say would let Jesus' light shine through you, if it would show people how Jesus loves and cares for them.

I want you to put the candle behind your back if what I say doesn't let Jesus' light shine through you.

- | | |
|--|----------------------------|
| • smile at someone | (candle in front of child) |
| • calling someone a name | (candle behind back) |
| • sharing your toys | (candle in front of child) |
| • hitting someone | (candle behind back) |
| • visit an elderly person | (candle in front of child) |
| • saying thank you | (candle in front of child) |
| • not sharing your candy with a friend | (candle behind back) |
| • helping pick up your toys | (candle in front of child) |
| • not obeying your parents | (candle behind back) |
| • saying please | (candle in front of child) |

What other things can you do to let your light shine?

Make Shine with the Light of Jesus Jack-o-lanterns:

We are going to make a jack-o-lantern for you to put your tea light in to remind you to let Jesus' light shine through you. You can use it when you pray before you go to sleep. It might be dark then so you can see the light.

Color the pumpkins.

Cut out the pumpkins including the eyes and mouth.

Tape the pumpkin together.

Hand out Home Lessons and Pages for Children's Mass Booklets:

[\(click here for a post with the PDF of the Mass booklet pages\)](#)

Stickers:

- Give each child a sticker as they leave.

Supplies:

Nametags
Permanent markers
Prayers for prayer rings
Prayer book covers
Prayer book rings
Home lessons
Snack
Plates/napkins
Water
Glasses
Stickers (for each child at the end of class)

Gift bag with these items in it:

- Chalice
- Purificator
- Paten
- Pictures of:
 - Tabernacle
 - Sanctuary lamp
 - Priest
 - 2 pictures of priest with his eyes shut during mass

Gift bag with these items in it:

- Cruets (one with water in it and one with colored water in it)
- Roman missal
- Large pictures of:
 - Altar servers
 - Pouring wine and water into the chalice
 - Opening prayer
 - Closing prayer

Books for children to practice holding like a Roman Missal – used children's Bible story books

New pages for the children's Mass booklets

- Cruet
- Pouring wine and water into the chalice
- Altar servers
- Roman Missal
- Opening prayer
- Closing prayer

Extra Mass booklets with pages from the first class for those who missed the first class

Game board for each child
Pompoms – one per person
Dice – one per child

plastic jack-o-lanterns

- one with eyes, mouth, and nose cut out
- one with eyes, mouth, and nose not cut out

battery powered tea lights – one for each child and two for the plastic jack-o-lanterns

copies of jack-o-lantern (with face and with words)

scissors

crayons

tape